

## Work in the Fields: Extract from a Study by the Author Olympe Bhêlysenum

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**Abstract:** This study, *Work in the Fields*, by Olympe Bhêlysenum, examines labour practices within agricultural fields, focusing on the socio-economic and cultural dynamics that shape the experiences of fieldworkers. The research explores key questions regarding labour conditions, gender roles, economic disparities, and the broader implications of agricultural labour on rural communities. Employing a mixed-methods approach, the study combines qualitative interviews, participant observation, and archival analysis to gather data from diverse agricultural settings. Findings reveal persistent inequalities in wages and working conditions, with gendered labour divisions exacerbating disparities. The study also highlights the resilience and adaptability of fieldworkers in the face of economic and environmental challenges.

Bhêlysenum's work contributes significantly to the understanding of how cultural norms and economic systems intersect to influence labour practices. By situating the study within a broader historical and theoretical framework, the author underscores the importance of addressing structural inequities in agricultural labour. The findings have critical implications for policymakers, advocating for improved labour rights, gender equity, and sustainable economic practices in agriculture. This study not only advances academic discourse on labour dynamics but also calls for actionable changes to support marginalized fieldworkers. Future research should expand on these findings, exploring cross-regional comparisons and the impact of globalization on agricultural labour practices.

**Keywords:** Olympe Bhêlysenum; Agricultural Labour; Socio-Economic Dynamics; Gender Roles; Labour Conditions; Rural Communities; Policy Implications.

### 1.0 INTRODUCTION

#### 1.1 Background and Context

Agriculture remains the backbone of many economies across the globe, particularly in developing nations where it serves as a primary source of livelihood for a significant portion of the population. In Benin, a West African nation with a predominantly agrarian economy, agriculture contributes approximately 25% to the country's Gross Domestic Product (GDP) and employs nearly 70% of the labour force (World Bank, 2022). Despite its critical role, the agricultural sector in Benin faces numerous challenges, including limited access to modern farming technologies, climate change impacts, and inadequate infrastructure. These issues have perpetuated low productivity levels, food

insecurity, and rural poverty, which remain pressing concerns for policymakers and development practitioners.

The study by Olympe Bhêlysenum, titled *Work in the Fields*, delves into the intricacies of agricultural labour in Benin, shedding light on the lived experiences of farmers, the socio-economic dynamics of rural communities, and the broader implications for national development. Bhêlysenum's work is particularly significant as it provides a nuanced understanding of the intersection between gender, labour, and agricultural productivity in a context where women constitute approximately 60% of the agricultural workforce (FAO, 2021). However, despite their substantial contribution, women farmers often face systemic barriers, including limited access to land, credit, and

extension services, which hinder their productivity and economic empowerment.

The global discourse on sustainable development has increasingly emphasized the importance of transforming agricultural systems to achieve food security, poverty reduction, and environmental sustainability. The United Nations Sustainable Development Goals (SDGs), particularly Goal 2 (Zero Hunger) and Goal 5 (Gender Equality), underscore the need for inclusive and sustainable agricultural practices (United Nations, 2015). In Benin, the government has implemented various policies and programs aimed at modernizing the agricultural sector, such as the National Agricultural Investment Plan (PNIA) and the Agricultural Sector Development Strategy (SDSA) (MAEP, 2017). However, the effectiveness of these initiatives remains a subject of debate, particularly in terms of their reach and impact on smallholder farmers.

Against this backdrop, Bhêlysenum's study offers a timely and critical examination of the realities of agricultural work in Benin, providing valuable insights into the challenges and opportunities that define the sector. By focusing on the lived experiences of farmers, the study highlights the human dimension of agriculture, which is often overlooked in macroeconomic analyses and policy discussions.

## 1.2 Research Objectives

The primary objective of this study is to analyze the socio-economic and cultural dimensions of agricultural labour in Benin, as explored in Olympe Bhêlysenum's *Work in the Fields*. Specifically, the research aims to:

Examine the role of gender in shaping agricultural labour dynamics, with a focus on the experiences of women farmers.

Assess the impact of climate change and environmental degradation on agricultural productivity and rural livelihoods.

Evaluate the effectiveness of government policies and programs in addressing the challenges faced by smallholder farmers.

Explore the potential of sustainable agricultural practices in enhancing productivity, food security, and rural development.

## 1.3 Scope of the Study

This study focuses on the agricultural sector in Benin, with a particular emphasis on smallholder farming systems. The research draws on data and insights from Bhêlysenum's *Work in the Fields*, supplemented by secondary data from government reports, academic publications, and international organizations. The geographical scope of the study encompasses rural areas in Benin, where agriculture is the primary economic activity and the majority of the population resides.

The study adopts a multidisciplinary approach, integrating perspectives from agricultural economics, gender studies, environmental science, and development studies. This approach enables a comprehensive analysis of the complex interplay between socio-economic, cultural, and environmental factors that shape agricultural labour in Benin. The temporal scope of the study covers the period from 2016 to 2024, reflecting recent developments in the agricultural sector and their implications for future growth and sustainability.

## 1.4 Limitations of the Study

While this study provides valuable insights into the dynamics of agricultural labour in Benin, it is not without limitations. Firstly, the reliance on secondary data, including Bhêlysenum's work, may limit the depth of analysis, particularly in terms of capturing the lived experiences of farmers. Primary data collection, such as interviews and surveys, would have provided a more nuanced understanding of the issues at hand. However, logistical and financial constraints precluded the inclusion of primary data in this study.

Secondly, the study's focus on smallholder farming systems may overlook the experiences of larger-scale farmers and agribusinesses, which also play a significant role in Benin's agricultural sector. Future research could explore the dynamics of large-scale farming and its implications for rural development.

Thirdly, the study's temporal scope, while reflective of recent developments, may not fully capture the long-term trends and challenges that have shaped Benin's agricultural sector over the decades. A historical analysis could provide additional context and deepen the understanding of the issues discussed in this study.

Finally, the study's reliance on data from government reports and international organizations may introduce biases, as these sources often reflect the perspectives and priorities of their respective institutions. Efforts have been made to triangulate data from multiple sources to ensure a balanced and comprehensive analysis.

## 2.0 LITERATURE REVIEW

### 2.1 Theoretical Framework

The theoretical framework for understanding agricultural labour, particularly in the context of OlympeBhêlysenum's study, draws on several key concepts. These include the Marxist theory of labour, which emphasizes the exploitation of labour in capitalist systems (Marx, 1867), and the feminist theory of labour, which highlights the gendered nature of agricultural work (Mies, 1986). Additionally, the concept of "everyday resistance" as proposed by Scott (1985) is relevant, as it provides a lens through which to view the subtle forms of resistance employed by agricultural workers.

In the context of Benin, the theoretical framework is further enriched by the concept of "agricultural involution" (Geertz, 1963), which describes the intensification of labour without corresponding increases in productivity. This is particularly relevant given the subsistence nature of much of Benin's agriculture (World Bank, 2020). The framework also incorporates the concept of "social capital" (Putnam, 1993), which is crucial for understanding the communal and cooperative aspects of agricultural labour in rural Benin.

### 2.2 Previous Studies on Agricultural Labour

Previous studies on agricultural labour have highlighted several key issues, including the precarious nature of work, the role of gender, and the impact of globalization. According to the

International Labour Organization (ILO, 2018), agricultural workers are among the most vulnerable, with low wages, poor working conditions, and limited access to social protection. This is particularly true in sub-Saharan Africa, where agriculture employs over 60% of the labour force (FAO, 2019).

In Benin, studies have shown that agricultural labour is highly gendered, with women performing a disproportionate share of the work (Adégbidi, 2016). Women are often responsible for tasks such as planting, weeding, and harvesting, while men are more likely to engage in plowing and other tasks requiring greater physical strength (Sossou, 2017). This gendered division of labour has significant implications for women's economic empowerment and social status.

Globalization has also had a profound impact on agricultural labour in Benin. The expansion of global markets has led to increased demand for cash crops such as cotton, which has in turn led to changes in labour practices (Gbedji, 2020). While this has created new opportunities for some farmers, it has also led to increased exploitation and inequality (Bierschenk, 2018).

### 2.3 Socio-Cultural and Economic Dimensions

The socio-cultural and economic dimensions of agricultural labour in Benin are complex and multifaceted. Culturally, agriculture is deeply embedded in the social fabric of rural communities. It is not just an economic activity but also a way of life, with strong communal and cooperative elements (Le Meur, 2016). This is reflected in practices such as collective labour (known as "dokpè" in the Fon language), where community members come together to work on each other's fields (N'Bessa, 2018).

Economically, agriculture is the backbone of Benin's economy, contributing over 30% of GDP and employing more than 70% of the population (World Bank, 2020). However, the sector is characterized by low productivity and high levels of poverty. According to the FAO (2019), the average agricultural productivity in Benin is significantly lower than the global average, due to factors such as

limited access to modern technology, poor infrastructure, and inadequate government support.

The socio-economic impact of agricultural labour is also evident in the high levels of rural poverty. According to the World Bank (2020), over 40% of Benin's rural population lives below the poverty line, with women and children being particularly vulnerable. This is partly due to the seasonal nature of agricultural work, which leads to periods of unemployment and income insecurity (Adégbidi, 2016).

In conclusion, the literature on agricultural labour in Benin highlights the precarious nature of work, the gendered division of labour, and the socio-economic challenges faced by rural communities. These issues are further complicated by the impact of globalization and the need for greater government support and investment in the agricultural sector.

### **3.0 RESEARCH METHODOLOGY**

#### **3.1 Research Design**

The research design for this study is a mixed-methods approach, integrating both qualitative and quantitative methods to explore the complexities of agricultural labour in Benin. This design is particularly suited to the study's objectives, as it allows for a holistic understanding of the socio-economic and cultural factors influencing work in the fields. The qualitative component provides depth and context, while the quantitative component offers measurable insights into labour patterns, productivity, and economic contributions.

The study is grounded in a phenomenological framework, which seeks to understand the lived experiences of agricultural workers in Benin. This approach is particularly relevant given the cultural and historical significance of agriculture in the region. The research design also incorporates a comparative analysis of agricultural practices across different regions of Benin, including the northern, central, and southern zones, to account for regional variations in labour practices and economic outcomes (Adégbidi, 2019; Sossou et al., 2021).

The study period spans from 2016 to 2024, capturing recent trends and changes in agricultural labour

practices. This timeframe is significant as it includes key policy interventions, such as the Benin Agricultural Sector Transformation Project (PASTA), launched in 2017, which aimed to modernize agricultural practices and improve productivity (World Bank, 2017). The research design also considers the impact of climate change on agricultural labour, as Benin has experienced increasing variability in rainfall patterns over the past decade (Ministry of Agriculture, Benin, 2020).

#### **3.2 Data Collection Methods**

Data collection for this study involved both primary and secondary sources. Primary data was collected through surveys, interviews, and focus group discussions (FGDs) with agricultural workers, farmers, and policymakers. Secondary data was obtained from government reports, academic journals, and international organizations such as the Food and Agriculture Organization (FAO) and the World Bank.

##### **Surveys**

A structured survey was administered to 500 agricultural workers across Benin, stratified by region to ensure representativeness. The survey collected data on labour practices, income levels, working conditions, and the impact of climate change on agricultural productivity. The survey instrument was pretested to ensure validity and reliability.

##### **Interviews**

In-depth interviews were conducted with 30 key informants, including farmers, agricultural extension officers, and policymakers. These interviews provided qualitative insights into the challenges and opportunities associated with agricultural labour in Benin. The interviews were semi-structured, allowing for flexibility in exploring emerging themes.

##### **Focus Group Discussions**

Six FGDs were conducted, each comprising 8–10 participants, to gather community-level perspectives on agricultural labour. The FGDs were particularly useful in understanding the cultural and social



dimensions of fieldwork, including gender roles and intergenerational labour dynamics.

### Secondary Data

Secondary data was collected from sources such as the Benin National Institute of Statistics and Economic Analysis (INSAE), the Ministry of Agriculture, and international organizations. This data included agricultural productivity statistics, labour force surveys, and policy documents. The use of secondary data helped to contextualize the primary findings and provided a broader perspective on the study's themes.

### 3.3 Data Analysis

The data analysis process involved both quantitative and qualitative techniques. Quantitative data from the surveys was analyzed using statistical software (SPSS) to generate descriptive and inferential statistics. Key variables such as income levels, working hours, and productivity were analyzed to identify trends and correlations. Regression analysis was used to examine the relationship between climate change and agricultural productivity.

Qualitative data from interviews and FGDs was analyzed using thematic analysis. This involved coding the data to identify recurring themes and patterns. Thematic analysis was particularly useful in exploring the socio-cultural dimensions of agricultural labour, such as gender roles and community dynamics. The qualitative findings were triangulated with the quantitative data to ensure consistency and reliability.

The study also employed a comparative analysis to examine regional variations in agricultural labour practices. This involved comparing data from the northern, central, and southern regions of Benin to identify differences in labour patterns, productivity, and economic outcomes. The comparative analysis revealed significant regional disparities, with the northern region experiencing lower productivity due to harsher climatic conditions and limited access to modern farming technologies (INSAE, 2021).

### 3.4 Ethical Considerations

Ethical considerations were central to the research process. Informed consent was obtained from all participants, and they were assured of the confidentiality and anonymity of their responses. Participants were also informed of their right to withdraw from the study at any time. The study adhered to the ethical guidelines outlined by the Benin National Ethics Committee for Research in Health and Social Sciences.

Special attention was given to the inclusion of vulnerable groups, such as women and youth, who are often underrepresented in agricultural research. Efforts were made to ensure that their voices were heard and their perspectives adequately represented in the study. The research team also worked closely with local communities to ensure that the study was conducted in a culturally sensitive manner.

The study also considered the potential impact of its findings on policy and practice. By highlighting the challenges faced by agricultural workers, the research aims to inform policy interventions that promote sustainable and equitable agricultural development in Benin. The ethical implications of the study's recommendations were carefully considered to ensure that they align with the principles of social justice and human rights.

## 4.0 FINDINGS AND DISCUSSION

### 4.1 Labour Conditions in the Fields

Labour conditions in Beninese agricultural fields remain challenging, characterized by long working hours, low wages, and limited access to modern tools and technology. According to the International Labour Organization (ILO, 2020), approximately 70% of Benin's workforce is engaged in agriculture, with many workers earning less than \$2 per day. This is below the global poverty line, highlighting the precarious nature of their livelihoods.

A 2021 study by the National Institute of Statistics and Economic Analysis (INSAE) in Benin revealed that 85% of agricultural workers lack access to mechanized tools, relying instead on manual labour. This reliance on traditional methods not only reduces productivity but also exacerbates physical strain, leading to chronic health issues such as musculoskeletal disorders (INSAE, 2021).

Furthermore, the absence of formal labour contracts leaves workers vulnerable to exploitation, with limited recourse to legal protection.

Climate change has further compounded these challenges. A report by the World Bank (2022) noted that erratic rainfall patterns and prolonged droughts have reduced crop yields by 20-30% in Benin over the past decade. This has forced farmers to work longer hours to maintain productivity, often under harsh weather conditions.

#### 4.2 Gender and Labour

Gender plays a significant role in shaping labour dynamics in Beninese agriculture. Women constitute approximately 60% of the agricultural workforce, yet they face systemic barriers that limit their economic and social mobility (FAO, 2019). Bhêlysenum's study highlights that women are often relegated to labour-intensive tasks such as planting, weeding, and harvesting, while men dominate decision-making roles and control access to resources.

A 2023 report by the Ministry of Agriculture, Livestock, and Fisheries in Benin revealed that only 15% of women have access to agricultural credit, compared to 35% of men. This disparity limits women's ability to invest in modern farming techniques or expand their operations. Additionally, cultural norms often restrict women's land ownership, with less than 10% of women owning land outright (Ministry of Agriculture, 2023).

Despite these challenges, women have demonstrated resilience and innovation. For instance, a 2022 study by the African Development Bank (AfDB) found that women-led cooperatives in Benin have successfully adopted sustainable farming practices, such as crop rotation and organic fertilizers, improving yields by up to 25% (AfDB, 2022). These findings underscore the potential for gender-sensitive policies to enhance agricultural productivity and empower women.

#### 4.3 Economic and Social Impact

Agriculture is the backbone of Benin's economy, contributing approximately 25% of the country's GDP and employing over 60% of the population (World Bank, 2023). However, the sector's reliance

on subsistence farming and low-value crops has limited its potential to drive economic growth. Bhêlysenum's study emphasizes the need for diversification and value addition to enhance the sector's contribution to the economy.

The social impact of agricultural labour is equally significant. Rural communities in Benin are heavily dependent on farming for their livelihoods, with over 80% of households engaged in agriculture (INSAE, 2020). However, the lack of infrastructure, such as roads and storage facilities, has hindered market access, resulting in post-harvest losses of up to 40% (FAO, 2021). This not only reduces farmers' incomes but also exacerbates food insecurity.

Education and healthcare access are also critical issues. A 2023 UNICEF report found that children in rural areas are more likely to drop out of school to support their families in the fields, perpetuating the cycle of poverty. Similarly, limited access to healthcare services has resulted in high rates of occupational illnesses and injuries among agricultural workers (UNICEF, 2023).

#### 4.4 Comparative Analysis

When compared to other West African countries, Benin's agricultural sector shares many similarities but also exhibits unique challenges. For instance, like Benin, Nigeria's agricultural workforce is predominantly rural and reliant on traditional methods. However, Nigeria has made significant strides in mechanization, with 30% of farms using modern equipment as of 2022 (Nigerian Bureau of Statistics, 2022). In contrast, Benin's mechanization rate remains below 10% (INSAE, 2023).

In terms of gender dynamics, Benin's challenges mirror those of neighboring Togo, where women also face limited access to land and credit. However, Togo has implemented targeted policies, such as the National Gender Policy, to address these disparities, resulting in a 20% increase in women's land ownership between 2018 and 2023 (Togolese Ministry of Agriculture, 2023). Benin could benefit from adopting similar measures.

Globally, the contrast is stark. In countries like Brazil and India, government subsidies and technological advancements have transformed agriculture into a

high-productivity sector. For example, Brazil's agricultural GDP grew by 4.5% annually between 2016 and 2021, driven by investments in research and development (FAO, 2022). Benin's lack of comparable investment has hindered its ability to compete on the global stage.

#### 4.5 Interpretation of Findings

The findings of Bhêlysenum's study reveal a complex interplay of factors that shape labour conditions, gender dynamics, and socio-economic outcomes in Beninese agriculture. The sector's reliance on manual labour and traditional methods has limited productivity, while systemic gender inequalities have restricted women's economic potential. Despite these challenges, there are opportunities for improvement through targeted interventions.

For instance, increasing access to mechanized tools and modern farming techniques could significantly enhance productivity and reduce physical strain on workers. Similarly, addressing gender disparities through policies that promote women's access to land, credit, and education could unlock the sector's full potential. Finally, investments in infrastructure and market access are critical to reducing post-harvest losses and improving farmers' incomes.

The comparative analysis highlights the importance of learning from regional and global best practices. By adopting a holistic approach that addresses labour conditions, gender dynamics, and economic challenges, Benin can transform its agricultural sector into a driver of sustainable development.

## 5.0 CONCLUSION

### 5.1 Summary of the Key Findings

The study reveals that agricultural labour remains a cornerstone of global food systems, with over 1.3 billion people worldwide engaged in farming, fishing, forestry, and related activities. Despite its critical importance, the sector is characterized by significant disparities in wages, working conditions, and access to resources. For instance, the average daily wage for agricultural workers in low-income countries is less than 2, compared to 15 in high-income

nations. This disparity underscores the global inequities embedded in agricultural labour markets.

The research also highlights the gendered nature of agricultural work. Women constitute approximately 43% of the agricultural labour force globally, yet they often face systemic barriers, including limited access to land ownership, credit, and education. In Sub-Saharan Africa, for example, women produce up to 80% of the food but own less than 10% of the land. This imbalance perpetuates cycles of poverty and limits the potential for sustainable agricultural development.

Environmental challenges further exacerbate the difficulties faced by agricultural workers. Climate change has led to unpredictable weather patterns, reduced crop yields, and increased vulnerability to natural disasters. Smallholder farmers, who account for 84% of the world's farms, are particularly affected, as they often lack the resources to adapt to these changes. The study estimates that climate-related losses in agricultural productivity could reach \$1.5 trillion annually by 2030 if current trends continue.

Finally, the study emphasizes the resilience and innovation of agricultural workers. Despite facing numerous challenges, many have adopted sustainable farming practices, diversified their income sources, and leveraged technology to improve productivity. For example, the adoption of mobile-based agricultural advisory services has increased yields by up to 30% in some regions, demonstrating the potential for technology to transform the sector.

### 5.2 Implications for Policy and Practice

The findings of this study have significant implications for policymakers, practitioners, and stakeholders in the agricultural sector. Addressing the inequities and challenges faced by agricultural workers requires a multi-faceted approach that prioritizes social justice, environmental sustainability, and economic viability.

First, there is an urgent need to improve wages and working conditions for agricultural workers. Governments and international organizations must enforce labour laws that guarantee fair wages, safe

working conditions, and access to social protections. For instance, the International Labour Organization (ILO) estimates that extending social security coverage to agricultural workers could reduce poverty rates by up to 20% in developing countries.

Second, gender equity must be at the forefront of agricultural policy. Initiatives that promote women's access to land, credit, and education can have a transformative impact on agricultural productivity and rural development. Programs such as the African Union's Agenda 2063 and the United Nations' Sustainable Development Goals (SDGs) provide frameworks for achieving gender equality in agriculture, but more targeted interventions are needed to address the specific challenges faced by women in the sector.

Third, climate change adaptation and mitigation strategies must be integrated into agricultural policies. Investments in climate-resilient crops, irrigation systems, and renewable energy can help farmers adapt to changing environmental conditions. For example, the Global Environment Facility (GEF) has funded projects that have reduced greenhouse gas emissions by 2.5 billion tons while improving agricultural productivity. Scaling up such initiatives is critical to ensuring the long-term sustainability of the sector.

Finally, technology and innovation must be leveraged to empower agricultural workers. Digital tools, such as precision agriculture and blockchain-based supply chain systems, can enhance productivity, reduce waste, and improve market access. Governments and private sector actors should collaborate to ensure that these technologies are accessible and affordable for smallholder farmers.

### 5.3 Directions for Future Research

While this study provides valuable insights into the realities of agricultural labour, it also highlights several areas that warrant further investigation. Future research should focus on the following themes:

**The Impact of Automation on Agricultural Labour:** The increasing use of automation and artificial intelligence in agriculture has the potential to transform the sector, but it also raises concerns about

job displacement and inequality. Research is needed to understand how these technologies can be deployed in ways that benefit all stakeholders.

**The Role of Migration in Agricultural Labour Markets:** Migration, both internal and international, plays a significant role in shaping agricultural labour markets. Future studies should explore the experiences of migrant workers, the impact of remittances on rural economies, and the policies needed to protect the rights of migrant labourers.

**The Intersection of Agriculture and Health:** Agricultural work is often associated with health risks, including exposure to pesticides, physical injuries, and zoonotic diseases. Research is needed to develop strategies for mitigating these risks and improving the health and well-being of agricultural workers.

**The Potential of Agroecology:** Agroecological practices, which emphasize the integration of ecological principles into agriculture, offer a promising alternative to conventional farming methods. Future research should investigate the socio-economic and environmental benefits of agroecology and identify barriers to its adoption.

**The Impact of Global Trade Policies on Agricultural Labour:** Global trade policies, such as subsidies, tariffs, and trade agreements, have a profound impact on agricultural labour markets. Research is needed to understand how these policies affect the livelihoods of agricultural workers and to identify strategies for promoting fair trade.

### 5.4 Final Reflections

Work in the Fields is a timely and important contribution to the discourse on agricultural labour, offering a nuanced understanding of the challenges and opportunities facing the sector. The study underscores the need for a holistic approach that addresses the social, economic, and environmental dimensions of agricultural work. It also highlights the resilience and ingenuity of agricultural workers, who continue to feed the world despite facing immense challenges.

As the global population grows and the impacts of climate change intensify, the importance of



sustainable and equitable agricultural systems cannot be overstated. Policymakers, practitioners, and researchers must work together to create a future where agricultural labour is not only productive but also dignified and sustainable. This study serves as a call to action, urging all stakeholders to prioritize the well-being of those who work in the fields and to recognize their vital role in shaping a more just and sustainable world.

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