

## Earthworms as Models for Regenerative Medicine

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### Abstract

### Original Research Article

Earthworms (Annelida: Oligochaeta) possess a robust capacity to regenerate posterior body segments, restoring musculature, vasculature, nephridia, and the ventral nerve cord. Although historically overshadowed by canonical regeneration models such as planarians, axolotls, and zebrafish, recent genomic and transcriptomic advances in *Eisenia fetida* and *Eisenia andrei* have revealed conserved developmental, immune, and neurotrophic pathways underlying annelid regeneration. Here we synthesize current knowledge of earthworm regenerative biology, including blastema formation, progenitor activation, immune regeneration coupling, and patterned differentiation of new segments. We compare earthworms with established models to highlight their unique advantages: segmental architecture, multi tissue regrowth, and innate immune integration and evaluate their translational relevance to wound healing, vascular repair, and neural regeneration. Emerging omics resources and the development of genetic tools position earthworms as tractable, ethically accessible systems for advancing regenerative medicine.

**Keywords:** earthworm regeneration, *Eisenia fetida*, blastema, segmental patterning, Wnt/ $\beta$  catenin, immune regeneration coupling, neural repair, angiogenesis, transcriptomics, regenerative medicine.

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### Introduction:

Earthworms (Annelida: Oligochaeta) occupy a paradoxical position in biology: they are ecologically iconic and experimentally tractable, yet remain under represented in mainstream regenerative medicine research. Several species, notably *Eisenia fetida* (Savigny, 1826) and *Eisenia andrei* Bouché, 1972, can regenerate substantial portions of their posterior body, restoring musculature, vasculature, nephridia, and segments of the ventral nerve cord after amputation. Classical annelid work established

that this process proceeds through wound closure, blastema formation, proliferative outgrowth, and patterned differentiation of new segments, but only recently have genomic and transcriptomic tools begun to reveal the underlying molecular programs (Reynolds, 2022).

In parallel, regeneration biology has been dominated by a small set of canonical models: planarians (flatworms, Planariidae), axolotls (*Ambystoma mexicanum* (Shaw and Nodder, 1798), zebrafish (*Danio rerio* (F. Hamilton,



1822)) that offer powerful genetics and imaging but do not capture the full diversity of regenerative strategies in metazoans. Earthworms add a distinct, segmental body plan with repeated organ systems and a robust innate immune system tightly integrated with tissue repair. Recent large-scale RNA seq and genome studies in *Eisenia fetida* and *Eisenia andrei* show extensive gene family duplications, dynamic regulation of developmental and neurotrophic genes, and activation of pathways associated with epithelial-mesenchymal transition and nerve regeneration during segment regrowth. These findings suggest that earthworms can serve not only as ecological indicators but also as informative models for wound healing, neural repair, and vascular regeneration.

This manuscript evaluates earthworms as models for regenerative medicine by synthesizing current knowledge on their regenerative biology, cellular and molecular mechanisms, and emerging omics resources. We compare earthworms with established regeneration models, highlight their unique advantages and limitations, and explore how insights from annelid regeneration together with bioactive earthworm derived molecules already entering clinical use could inform future strategies in human tissue repair and regenerative therapies (Bhambri *et al.*, 2017; Cooper *et al.*, 2018).

## 2. Overview of earthworm regeneration biology

### 2.1 Species with documented regenerative capacity

Regenerative ability is not uniform across annelids, but several earthworm species exhibit striking regrowth of lost segments. *Eisenia fetida* can regenerate more than two thirds of its posterior body after amputation, whereas closely related taxa such as *Paranais litoralis* (Müller, 1784) show markedly reduced or absent regenerative capacity. Posterior regeneration is generally more robust than anterior regeneration, reflecting both positional identity and the complexity of reconstructing cephalic structures. *Lumbricus terrestris* Linnaeus, 1758 and other lumbricids also display segmental regeneration, though with species specific limits on

the number and position of segments that can be restored. These interspecific differences provide a natural comparative framework for dissecting genetic and developmental constraints on regeneration.

### 2.2 Stages of regeneration

Following injury, earthworm regeneration proceeds through a series of morphologically and molecularly distinct stages. Immediately after amputation, wound closure and epithelial sealing occur, accompanied by local inflammation and recruitment of coelomic cells to the wound site. Within days, a blastema—a mass of proliferative, relatively undifferentiated cells—forms at the cut surface. Histological and transcriptomic analyses in *Eisenia fetida* show that this blastema undergoes intense mitotic activity during early (.15 days) and intermediate (.20 days) phases, followed by progressive differentiation and patterning by .30 days post amputation. During this period, positional information along the anterior-posterior and dorsal-ventral axes is re-established, leading to the sequential appearance of new segments, musculature, vasculature, and neural elements (Tóth *et al.*, 2026; Bhambri *et al.*, 2018).

### 2.3 Anatomical structures that regenerate

The regenerative response in earthworms encompasses multiple tissue types. Epidermis and dermal layers are restored to re-establish barrier function, while circular and longitudinal muscles regenerate to recover locomotor capacity. Segmental organs such as nephridia reappear in newly formed segments, indicating reconstitution of excretory function. Importantly, the dorsal and ventral blood vessels extend into the regenerate, providing vascular supply to new tissues (Tóth *et al.*, 2026; Bhambri *et al.*, 2018). Regeneration of the ventral nerve cord has been documented at both morphological and transcriptional levels: genes encoding nerve growth factor, neurofilament components, and other neurotrophin related factors are upregulated in regenerating tissue, consistent

with active neural repair. Together, these observations support the view that earthworm regeneration is not merely cosmetic, but functionally reconstructive, restoring integrated neuromuscular and organ systems (Tóth *et al.*, 2026; Bhambri *et al.*, 2018).

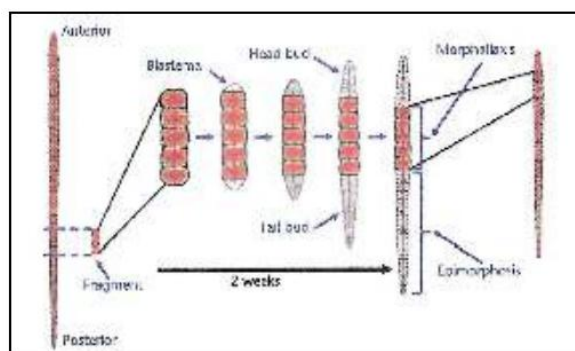
### 3. Cellular Mechanisms Underlying Earthworm Regeneration

Earthworm regeneration is driven by a coordinated sequence of cellular events that transform a wound site into a proliferative blastema and ultimately into patterned, functional tissue. Although annelids lack the pluripotent stem cell populations characteristic of planarians, they deploy a combination of dedifferentiation, progenitor activation, immune linked repair, and axon regrowth that together form a robust regenerative program. Recent transcriptomic studies in *Eisenia fetida* and *Eisenia andrei* provide the first molecular evidence for these processes, revealing dynamic regulation of developmental, proliferative, and neurotrophic pathways during segment regrowth (Bhambri *et al.*, 2017; Bhambri *et al.*, 2018).

### 3.1 Blastema Formation

Following amputation, epithelial cells rapidly migrate to seal the wound surface, forming a temporary wound epithelium. Beneath this layer, local tissues undergo dedifferentiation, producing a pool of proliferative cells that accumulate into a blastema. Histological studies in *Eisenia fetida* show that this blastema becomes morphologically distinct within 3B5 days post amputation, with a dense population of small, mitotically active cells. Transcriptomic profiling during early regeneration (Bhambri *et al.*, 2018) demonstrates upregulation of genes associated with cell cycle progression, chromatin remodelling, and cytoskeletal reorganizationCmolecular signatures consistent with dedifferentiation and early blastema formation.

Coelomic cells, which circulate freely within the body cavity, also migrate to the wound site. These cells contribute to debris clearance, antimicrobial defence, and possibly to the early blastema cell pool. Their dual immune regenerative role parallels macrophage mediated repair in vertebrates, suggesting a conserved link between inflammation and regeneration (Engelmann *et al.*, 2016; Tóth *et al.*, 2026).



**Figure 1.** Regeneration in the oligochaete worm *Lumbriculus variegatus* (Müller, 1774). Following injury and wound healing, a blastema is formed on both the anterior and posterior ends of the fragment (from Zoran, 2010).

### 3.2 Stem Cell Like and Progenitor Populations

Although earthworms do not possess classical pluripotent stem cells, several cell types exhibit progenitor like behaviour during regeneration:

- ! Peritoneal cells lining the coelomic cavity can proliferate and migrate into the blastema.
- ! Epidermal and muscle cells near the wound margin undergo partial dedifferentiation, re-entering the cell cycle.
- ! CoelomocytesCimmune cells with phagocytic and secretory functionsCmay contribute indirectly by modulating the wound environment.

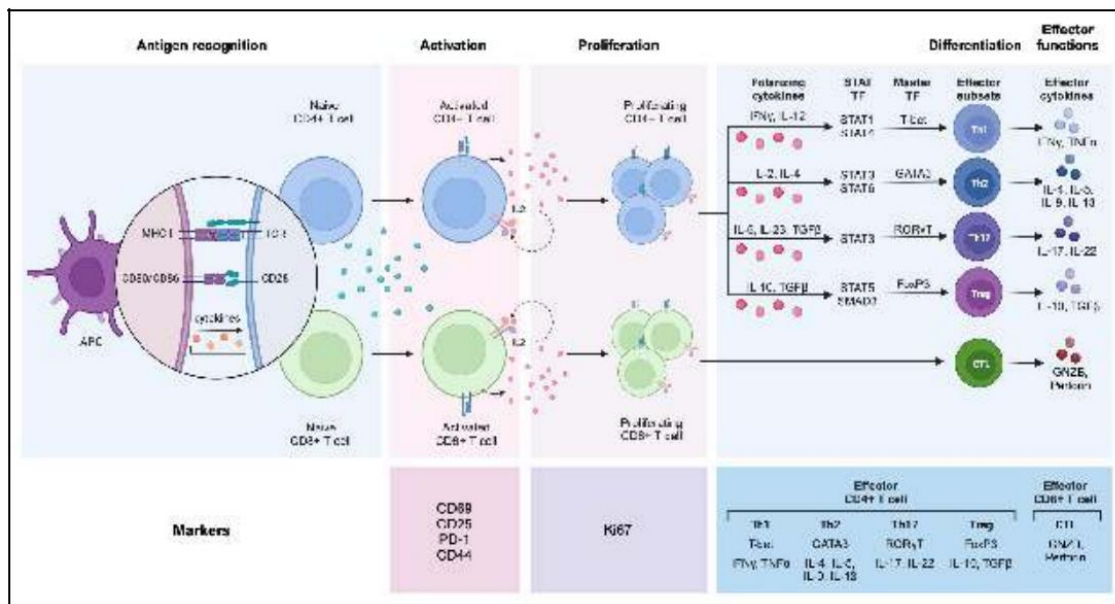
Single cell RNA seq data from *Eisenia andrei* (Nature affiliated genomic study) reveal distinct clusters of proliferative progenitor-like cells enriched for developmental transcription factors, including homeobox genes and regulators of epithelialBmesenchymal transition. These findings support a model in which regeneration relies on

lineage restricted progenitors rather than a single pluripotent stem cell population (Shao *et al.*, 2020).

### 3.3 Cell Proliferation Dynamics

Cell proliferation is most intense during the early and mid-blastema stages. BrdU labelling experiments in *Eisenia fetida* demonstrate a sharp increase in S phase activity between 10B20 days post amputation, corresponding to rapid expansion of the regenerate. Mitotic figures are concentrated at the distal tip of the blastema, where new segments are added sequentially (Tóth *et al.*, 2026) (**Figure 2**).

Transcriptomic data corroborate these observations: genes involved in DNA replication, mitosis, and cell cycle checkpoints (*e.g.*, cyclins, PCNA, MCM helicases) are strongly upregulated during peak proliferation. As regeneration progresses, proliferative activity declines and differentiation markers increase, reflecting the transition from growth to patterning (Bhambri *et al.*, 2018).



**Figure 2.** Cell Proliferation Dynamics, T cell activation, proliferation and differentiation. BrdU labelling shows peak proliferation between 10B20 days post amputation. Genes involved in DNA replication and mitosis are strongly upregulated during this period. (Anna Lazaratos, creator)

### 3.4 Immune Regeneration Coupling

Earthworms exhibit a tightly integrated immune regenerative response. Injury triggers rapid release of antimicrobial proteins such as lysenin and fetidin, reconnected protect the wound from infection (Beschin *et al.*, 1998). Coelomocytes accumulate at the injury site, where they phagocytose debris and secrete cytokine like factors that influence blastema formation.

This coupling resembles vertebrate wound healing, where macrophage derived signals regulate fibroblast proliferation and tissue remodeling. In *Eisenia fetida*, immune related genes remain elevated throughout early regeneration, suggesting that immune signaling is not merely protective but actively shapes the regenerative microenvironment (Bhambri *et al.*, 2018; Engelmann *et al.*, 2016).

### 3.5 Neural Regeneration and Axonal Repair

One of the most striking features of earthworm regeneration is the restoration of the ventral nerve cord, a functionally critical structure analogous to a simplified spinal cord. Regenerating segments show:

- ! regrowth of giant axons
- ! re-establishment of segmental ganglia
- ! reconnecting of neural circuits supporting locomotion

Transcriptomic studies reveal up regulation of neurotrophin related genes, including nerve growth factor like molecules and neurofilament components, during neural regeneration. These findings align, with classical electro physiological studies showing recovery of conduction velocity in regenerated nerve cords (Cooper & Baker, 1992).

Earthworms therefore provide a rare invertebrate model where axon regrowth, synaptic re-patterning, and functional recovery can be studied in an accessible, segmental system.

### 3.6 Patterning and Differentiation

As proliferation slows, the blastema undergoes patterned differentiation. Key processes include:

- ! Re-establishment of anterior-posterior polarity, mediated by Wnt/ $\beta$  catenin signaling
- ! Dorsal-ventral patterning, involving BMP/Smad pathways
- ! Segment formation, driven by sequential addition of new somites
- ! Differentiation of organ systems, including nephridia, musculature, vasculature, and neural elements

These patterning events mirror developmental programs but occur in a compressed, injury induced context (Bely *et al.*, 2014).

### 3.7 Integration of Regenerated Tissues

The final stage of regeneration involves integration of new tissues with existing structures. Blood vessels reconnect with the dorsal and ventral trunks, muscle fibres align with pre-existing bundles, and neural circuits re-establish functional connectivity. Behavioural assays confirm that regenerated segments regain coordinated locomotion, demonstrating functional not merely morphological restoration.

## 4. Translational Relevance

### Molecular Pathways Involved in Earthworm Regeneration

Earthworm regeneration is orchestrated by a suite of conserved developmental and wound healing pathways that are also central to vertebrate tissue repair. Although annelids lack the extensive genetic toolkits available in classical models, transcriptomic studies in *Eisenia fetida* and *Eisenia andrei* provide direct evidence for activation of Wnt, BMP, Notch, FGF like, and immune linked signalling during

segment regrowth. These pathways collectively regulate polarity, proliferation, patterning, and differentiation within the blastema.

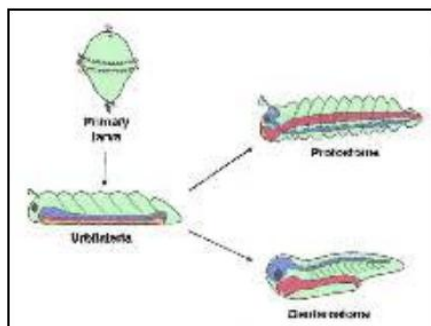
#### 4.1 Wnt/ $\beta$ Catenin Signalling

Wnt signalling is one of the best supported molecular pathways in annelid regeneration. Studies in polychaetes and oligochaetes show that Wnt/ $\beta$  catenin is essential for posterior identity, blastema patterning, and segment addition. Transcriptomic data from *Eisenia fetida* (Bhambri *et al.*, 2018) reveal upregulation of Wnt ligands, Frizzled receptors, and  $\beta$  catenin during early and mid-regeneration. This

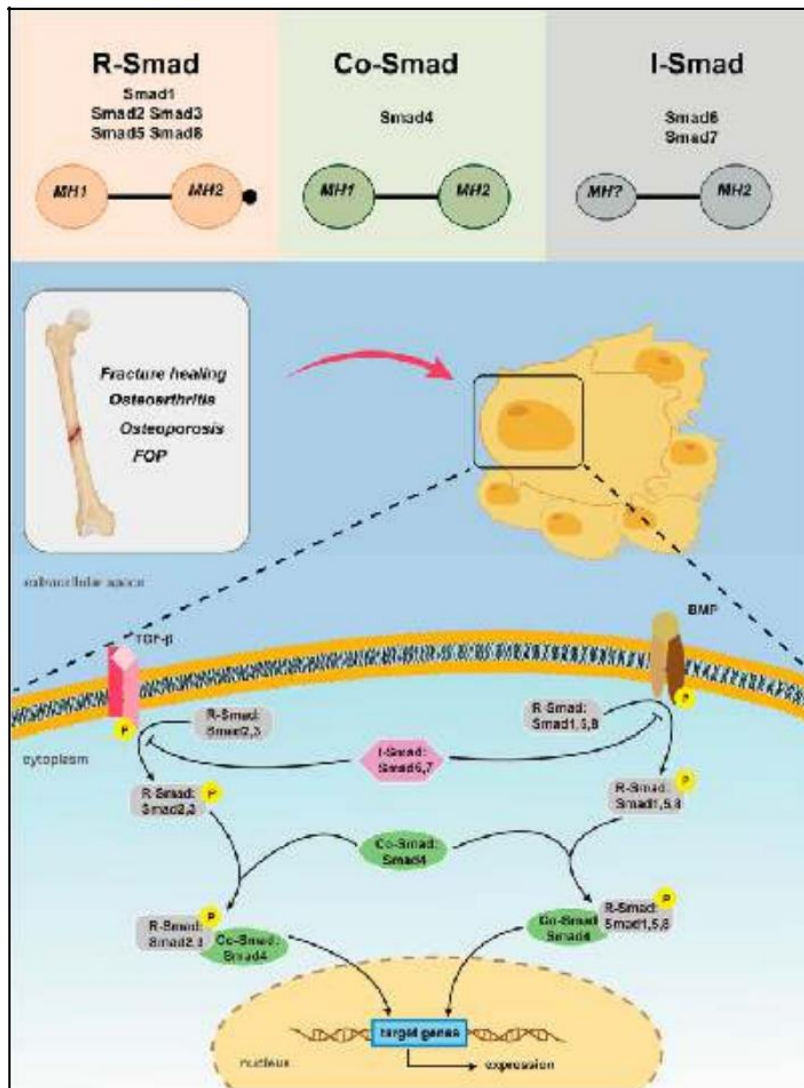
mirrors findings in planarians and vertebrates, where Wnt activity promotes posterior fate and suppresses ectopic anteriorization.

#### 4.2 BMP/Smad Signalling

BMP signalling contributes to dorsal-ventral patterning and tissue differentiation. Annelid studies demonstrate BMP ligand expression in regenerating tissues, and Smad transcription factors are upregulated during blastema maturation. These patterns are consistent with BMP's conserved role in axial patterning across bilaterians ((Nikanorova *et al.*, 2020; Zattara & Bely, 2016; Kozin *et al.*, 2017; De Robertis 2008) (**Figures 3 & 4**).



**Figure 3.** Diagram showing the two great branches of the Bilateria. Protostomes (proto, first; stomo, mouth) develop the mouth near the initial site of the blastopore. Deuterostomes (deutero, second) develop the anus close to the blastopore and the mouth is perforated secondarily. Urbilateria is the hypothetical last common ancestor of the two bilaterian branches and is depicted here as a complex segmented bottom-dwelling (benthic) animal. Many extant protostome and deuterostome phyla have primary larval forms that are anatomically very similar to each other and are therefore considered ancestral.



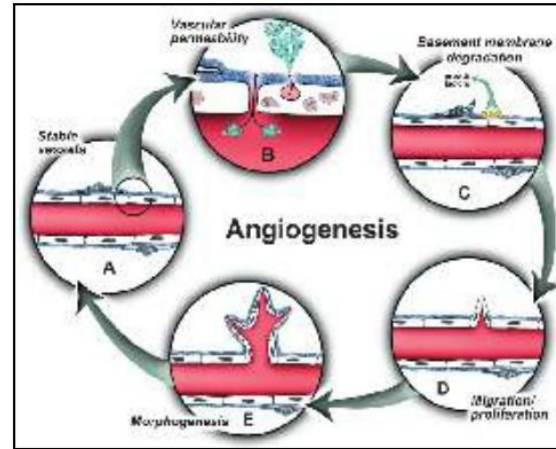
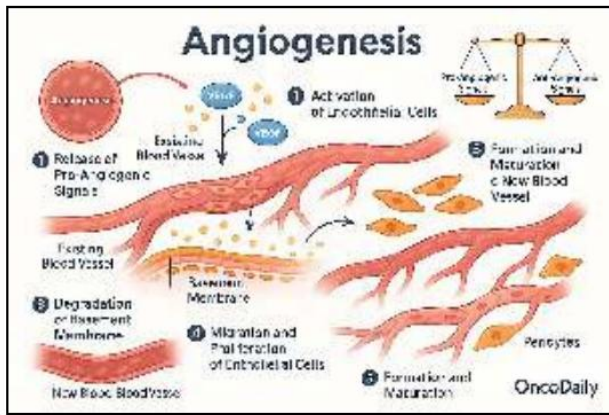
**Figure 4.** The Smad Dependent TGF- $\beta$  and BMP Signalling Pathway. Activation of TGF- $\beta$ /Smad and BMP/Smad pathway leading to Smad-mediated gene expression (Zou *et al.*, 2021).

### 4.3 Notch Signalling

Notch regulates cell fate decisions, proliferation boundaries, and blastema organization in annelids. Notch pathway components show increased expression during early regeneration, suggesting roles in maintaining progenitor populations and coordinating segmental patterning.

### 4.4 FGF and VEGF Like Pathways

Although canonical vertebrate FGF and VEGF genes are not always one to one orthologs in annelids, earthworm transcriptomes reveal FGF like and angiogenesis associated genes that are strongly upregulated during regeneration. These pathways likely support vascular extension into the regenerate and may influence mesodermal differentiation (Figure 5).



**Figure 5.** FGF like and VEGF like pathways support angiogenesis and mesodermal differentiation during regeneration. Right figure: **A:** FGF like gene expression in blastema, **B:** Vessel sprouting into regenerate, **C:** Reconnection with dorsal/ventral trunks, **D:** Migration/proliferation, **E:** Morphogenesis.

#### 4.5 Immune Linked Signalling

Earthworms mount a rapid innate immune response after injury, releasing antimicrobial proteins such as lysenin and fetidin (Beschin *et al.*, 1998). Transcriptomic data show persistent upregulation of immune genes throughout early regeneration, suggesting that immune signalling is tightly integrated with blastema formation and tissue remodelling. This parallels vertebrate wound healing, where macrophage derived cytokines regulate fibroblast proliferation and angiogenesis.

#### 4.6 Neurotrophic and Axon Guidance Pathways

Regeneration of the ventral nerve cord is accompanied by increased expression of nerve growth factor like molecules, neurofilament proteins, and axon guidance cues. These findings align with classical electrophysiological studies showing recovery of conduction velocity in regenerated nerve cords (Bhambri *et al.*, 2018; Bely & Sikes, 2010).

### 5. Comparative regeneration: Earthworms versus established models

Earthworms sit alongside, but distinct from,

the canonical regeneration models (planarians, axolotls, and zebrafish). Each system embodies a different cellular strategy for rebuilding tissues, from pluripotent stem cells to lineage restricted progenitors and dedifferentiation. Positioning earthworms within this spectrum clarifies both their unique value and their current limitations for regenerative medicine (Bely & Nyberg, 2010).

#### 5.1 Advantages of earthworms as regeneration models

Segmental architecture:

Earthworms possess a repeated segmental body plan with iterated organ systems (muscle, vasculature, nephridia, nerve cord), allowing regeneration to be studied as the re-assembly of modular units (something not captured in limb or fin centric vertebrate models (Römbke & Schmidt, 2017)). This makes them particularly suited to questions about patterning and integration across repeated structures.

Robust multi tissue regeneration:

Like planarians and salamanders, earthworms regenerate multiple tissues

simultaneously Cepidermis, musculature, vasculature, and neural elements Crather than a single organ. This multi system regrowth is closer to complex human injuries than single tissue models (Toth *et al.*, 2026).

ImmuneBregeneration coupling:

Earthworms show a tight integration between innate immunity and regeneration, with coelomocytes and antimicrobial proteins (*e.g.*, lysenin, fetidin) shaping the wound environment. This parallels the macrophage driven control of repair in vertebrates and offers a tractable system for dissecting how inflammation modulates regeneration (Englemann *et al.*, 2016).

Ethical and logistical advantages:

They are inexpensive, easy to maintain, and raise fewer ethical concerns than vertebrate models. High sample sizes and repeated amputations are feasible, enabling robust experimental designs (Bhambri *et al.*, 2018).

## 5.2 Comparison with planarians

Planarians regenerate using a body wide population of adult pluripotent stem cells (neoblasts), capable of rebuilding an entire animal from small fragments (Reddien & Sánchez Alvarado, 2004). Earthworms, by contrast, appear to rely on lineage restricted progenitors and dedifferentiation rather than a single pluripotent cell type (Toth *et al.*, 2026). This places them mechanistically closer to vertebrates, where regeneration typically emerges from tissue specific progenitors and dedifferentiated cells rather than a pluripotent stem cell pool.

## 5.3 Comparison with axolotls and other salamanders

Axolotls regenerate limbs, tails, spinal cord, and parts of the heart and brain, using a blastema composed largely of dedifferentiated, lineage restricted cells (Tanaka & Reddien, 2011). Earthworm blastemas show a similar reliance on local dedifferentiation and progenitor activation, but

in a simpler, segmental context (Tóth *et al.*, 2026). Unlike axolotls, earthworms lack sophisticated genetic tools and transgenic lines, yet their smaller size, rapid regeneration, and repeated segments make them ideal for high throughput studies of blastema dynamics and patterning (Fei *et al.*, 2014).

## 5.4 Comparison with zebrafish

Zebrafish excel as a vertebrate model for heart, fin, and spinal cord regeneration, supported by powerful genetics and imaging (Gemberling *et al.*, 2013). However, zebrafish regeneration often focuses on single organs or appendages. Earthworms complement this by offering whole segment regeneration, where multiple organ systems are rebuilt in concert (Tóth *et al.*, 2026). This makes them particularly relevant for studying integration across tissues Chow vasculature, muscle, and nerve cord reconnect and regain function after injury.

## 5.4 Limitations of earthworms relative to canonical models

Genetic tools:

Unlike zebrafish and axolotls, earthworms currently lack routine transgenesis, CRISPR pipelines, and lineage tracing systems, limiting mechanistic dissection of pathways.

Molecular resources:

While genomes and transcriptomes exist for *Eisenia* species, the depth of functional annotation and pathway level perturbation studies lags behind vertebrate models.

Species variability:

Regenerative capacity varies markedly among annelids, and even among earthworm species, complicating generalization without careful species level documentation.

## 5.5 Unique contributions of earthworms to the regeneration landscape

Taken together, earthworms occupy a middle ground in the regeneration landscape: more complex

than planarians, simpler and more modular than vertebrates, and strongly shaped by innate immunity. Their segmental architecture, robust multi tissue regrowth, and immune-regeneration coupling provides a complementary perspective to limb and organ centric models. In a comparative framework that spans Hydra, planarians, annelids, zebrafish, and salamanders, earthworms help fill a critical gap linking invertebrate and vertebrate strategies for rebuilding complex body parts and offering fresh conceptual and experimental leverage for regenerative medicine (Tanaka & Reddien, 2011; Tóth *et al.*, 2026).

## 6. Translational Relevance to Human Regenerative Medicine

Earthworms offer a unique combination of segmental regeneration, immune linked repair, and axon regrowth, making them valuable comparative models for human regenerative biology. Their simplicity, accessibility, and rapid regeneration timelines provide an experimentally tractable system for studying fundamental principles of tissue repair (Tóth *et al.*, 2026; Bhambri *et al.*, 2018).

### 6.1 Insights into Wound Healing

Earthworm wound closure involves rapid epithelial migration, immune activation, and blastema formation & processes analogous to vertebrate wound healing. Coelomocytes, which function similarly to macrophages, orchestrate debris clearance and secrete cytokine like factors that influence regeneration. Understanding these interactions may inform strategies to modulate inflammation in human wound repair (Engelmann *et al.* 2016; Tóth *et al.* 2026).

### 6.2 Vascular Regeneration

Earthworms regenerate dorsal and ventral blood vessels during segment regrowth. Transcriptomic evidence for angiogenesis associated genes suggests that earthworms may serve as simplified models for studying vascular repair, endothelial migration, and vessel patterning

(Bhambri *et al.*, 2018).

### 6.3 Neural Repair and Axon Regrowth

The restoration of the ventral nerve cord & including giant axons and segmental ganglia & provides a rare invertebrate model of functional axonal regeneration. Neurotrophin like gene expression and recovery of conduction velocity highlight parallels with vertebrate neural repair mechanisms (Bely & Sikes, 2010; Bhambri *et al.*, 2018).

### 6.4 Bioactive Molecules with Clinical Potential

Earthworms produce several bioactive compounds with documented biomedical relevance:

- ! Lumbrokinase & a fibrinolytic enzyme complex used clinically in parts of Asia for thrombosis management (Kobayashi *et al.*, 2004).
- ! Lysenin and fetidin & antimicrobial proteins with potential applications in wound care and immunomodulation.
- ! Neurotrophic peptides & upregulated during nerve cord regeneration, with possible relevance to neural repair.

These molecules illustrate how earthworm biology can directly inform therapeutic development.

## 7. Experimental Approaches and Methodological Framework

Earthworms offer a tractable and ethically accessible platform for regeneration research, enabling high replication experiments and precise control of injury paradigms. Modern transcriptomics, histology, and functional assays now allow earthworm regeneration to be studied with rigor comparable to vertebrate models (Bhambri *et al.*, 2018).

### 7.1 Segment Amputation Assays

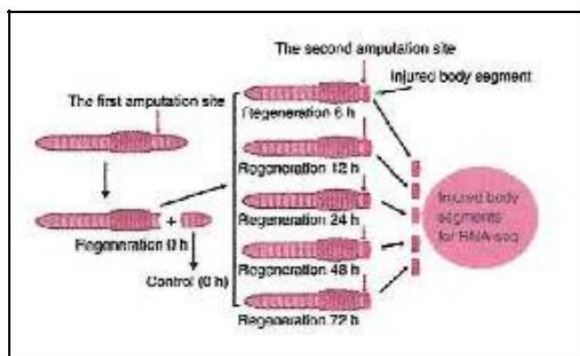
Standardized amputation protocols are central to reproducible regeneration studies.

*Posterior amputations* are typically performed between segments 20B40 in *Eisenia fetida*, where regenerative capacity is highest. *Anterior amputations* require careful documentation of the segmental position due to species specific limits on head regeneration (Gates, 1949) (**Figure 6**).

Regrowth is assessed using:

- ! Morphometric scoring (blastema size, number of regenerated segments)
- ! Time course staging (early wound healing, blastema formation, differentiation)
- ! Photographic documentation for quantitative comparisons

These assays parallel limb regeneration paradigms in axolotls and fin regrowth assays in zebrafish, but with the advantage of repeated, modular segment addition (Gemberling *et al.*, 2013).



**Figure 6.** Phenotypic and transcriptomic analyses during regeneration.

## 7.2 Histology and Microscopy

Histological analysis remains essential for characterizing tissue level events:

- ! H&E staining to visualize blastema structure and segmental organization
- ! Masson's trichrome for muscle fibre regeneration
- ! Silver staining or neurofilament immunolabeling for nerve cord reconstruction

Electron microscopy has been used to document epidermal sealing, extracellular matrix deposition, and axonal regrowth. These methods provide direct evidence for the sequential restoration of epidermis, musculature, vasculature, and neural tissues (Tóth *et al.*, 2026).

## 7.3. Molecular and Genomic Assays

The emergence of genomic resources for *Eisenia fetida* and *Eisenia andrei* has transformed earthworm regeneration research (Bhambri *et al.*, 2018).

Key approaches include:

- ! qPCR for Wnt, BMP, Notch, and immune related genes
- ! RNA seq to profile global transcriptional changes during regeneration (Bhambri *et al.*, 2018)
- ! Differential expression analysis to identify proliferative, neurotrophic, and immune linked gene modules
- ! *In situ* hybridization (limited but growing) for spatial gene expression patterns

Although CRISPR and transgenesis are not yet routine, RNA seq datasets provide a strong foundation for pathway level inference (Bhambri *et al.*, 2018).

## 7.4 Functional Regeneration Assays

Functional recovery is a critical measure of regenerative success.

Earthworm specific assays include:

- ! Neural conduction tests of the ventral nerve cord (classical electrophysiology)
- ! Behavioural assays (locomotion, escape reflexes) to assess neuromuscular integration
- ! Vascular perfusion markers to evaluate re-establishment of

circulation

- ! Segmental organ function (*e.g.*, nephridial activity) in regenerated segments

These assays distinguish morphological regrowth from true functional restoration.

## 8. Limitations and Future Directions

Despite their advantages, earthworms remain underdeveloped as mainstream regeneration models. Addressing current limitations will unlock their full translational potential (Tanaka & Reddien, 2011).

### 8.1 Limitations

#### 8.1.1. Genetic and molecular tools

Earthworms lack standardized CRISPR pipelines, transgenic lines, and lineage tracing systems. This limits causal testing of pathway function compared to zebrafish or axolotls.

#### 8.1.2. Species specific variability

Regenerative capacity varies widely among annelids and even among earthworm species. Without careful species documentation, results may not generalize (Bely, 2010).

#### 8.1.3. Limited antibody resources

Few antibodies cross react with earthworm proteins, constraining immunohistochemical analyses.

#### 8.1.4. Incomplete genomic annotation

Although genomes exist for *Eisenia fetida* and *Eisenia andrei*, many gene families remain poorly annotated, complicating pathway interpretation.

## 8.2 Future Directions

### 8.2.1. Development of genetic tools

Establishing CRISPR Cas9 editing, RNAi pipelines, and transgenic reporter lines would transform earthworms into mechanistic models comparable to zebrafish.

### 8.2.2. Single cell atlases of regeneration

Single cell RNA seq in *E. andrei* has already revealed progenitor like clusters. Expanding this to full regeneration time courses would map lineage trajectories and identify stem cell like populations.

### 8.2.3. Comparative annelid genomics

Cross species comparisons could reveal why some annelids regenerate robustly while others do not, offering evolutionary insights into regeneration loss and gain.

### 8.2.4. Integration with tissue engineering

Earthworm derived molecules (*e.g.*, lumbrokinase, lysenin) may have applications in wound healing, biomaterials, and immunomodulation.

### 8.2.5. Neural regeneration models

The ventral nerve cord provides a simplified system for studying axon regrowth, synaptic re patterning, and functional recovery C areas of high relevance to spinal cord injury research.

## Conclusion

Earthworms occupy a unique position in the regeneration landscape: more complex than planarians, simpler than vertebrates, and endowed with a robust, multi tissue regenerative capacity. Their segmental architecture, immune linked repair mechanisms, and ability to regenerate functional neural circuits make them powerful yet under-

utilized models for regenerative medicine. With expanding genomic resources and the development of modern molecular tools, earthworms have the potential to become a mainstream system for studying wound healing, neural repair, and tissue integration.

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